



Nav Raatri April 2016 Day 3

My dear and respected Devotees Jai Mata Ki. Today is the third night of Vasaantik or Chaitra Nav Raatri dedicated to Mother Durga often called Mother Kali who is the power of Lord Shiva, who is also known as Maha Kaal, the destroyer and rejuvenator of the universe.

Therefore by worshipping Maha Kali we are worshipping and getting Lord Shiva's Blessings resulting in a healthy mind which makes us achieve a healthy body

According to our scriptures Shareer Maddyam Khalu Dharma Sadhanaam which means health life is the root of Spirituality and Dharma.

Again according to Vedas there are four very special goals of life for all human beings-Dharma, Artha Kaama and Moksha

To gain these it is impossible without good health.

In Shri Mad Devi Puran Ved Vyas Ji says there are six joys in human life 1. Healthy life 2. Respectful Personality 3. Happy and compatible spouse 4. Loving, caring and soft spoken spouse 5. Obedient children 6. Honesty and good education resulting in obtaining wealth through honourable means

Notice again that a Healthy Life is number 1

The third form of Divine Mother of Durga Ma is Chandra Ghanta, who is worshipped for peace of mind, tranquility, strength and prosperity.

She has a Chandra or Half moon on her forehead in the shape of a Ghanta or Bell .

She is charming, has a golden bright complexion and rides on a lion. She has three eyes and ten hands with each holding a different weapon.

Divine Maa Chandra Gantha is an embodiment of bravery and possesses great strength to destroy that which is evil.

There is a famous Mantra for Maa Chandra Ghantha to be used when meditating on Her so please repeat 3 times after me

Pindaj Pravaraa Roodhaa Chandko Paastro Kair Yutaa

Prassadam Tanute Mahyam Chandra Ghanteri Visrutaa

Om Aim Hreem Klreen Chandra Ghanterai Namaha

So Maa Chandra Ghantha keeps the negative energy away and repels troubles and sufferings from the devotees life and the saints are always meditating and singing Her praise.

Her Murtee symbolizes that She is always ready to go to war, thus embodying the strength and bravery to defend what is right and for her devotees to do the same and becoming fearless as a lion by..

Devotees, I pray to Goddess Chandra Ghantha, that the all-powerful Mother of the Universe will bless us all and remove all sufferings and troubles out of your life

Thank you Jai Mata DI