



My dear and respected devotees Jai Seeta Ram Radhe Radhe,

Today we are talking about Varaha Avataar or The Boar Avataar– the Third incarnation of Bhagwan Vishnu on Earth.

According to our Scriptures there are three types of individuals in this world. Satwik Rajasic and Tamasic

Satwik Individuals are those who always stay in the path of righteousness, live in peace and harmony, act humbly, believe in destiny and the laws of Karma, are God loving, are good doers Satwik individuals deserve the grace of Bhagwan because of their Satwik Karmas or Good Deeds

According to Satish Modh, a Hindu Scholar on his Blog “ Knowledge arises from Sattva. Sattva attaches itself to happiness and to the thrills of the creative moments in life.

Rajas attaches to action and its fruits. Rajas give rise to greed.

Tamas attaches one to lack of care and recklessness. Negligence, delusion and ignorance arise from Tamas.

Rajasic and Tamasic individuals are skills and rights oriented.

These three Gunas, in different proportions, influence the mental and the intellectual caliber of every individual and these influences provide the distinct flavor in each personality. All three are always present in every one, but from person to person their proportion slightly differs; hence the distinct aroma in the character, conduct and behavior of each individual.

Sattvic Guna is like fire covered by smoke. A small wind blows away the smoke revealing the fire hidden.

Rajasic Guna is like the dust on the mirror. One has to make vigorous efforts to remove this dust to see the image clearly.

The nature of Tamasic Gunas resembles that of the embryo in the womb. The womb covers the embryo. You don't know what is hidden beneath it and it will take its own time and effort to mature.

Example From daily life

All three types of Gunas co-exist in every individual. We find their distinct individual qualities manifesting themselves during different parts of the day.

In the early hours of the day we are relatively calm and composed. Our capacity to understand is optimum. This is Sattva Guna. It represents the expected Guna of an individual in the morning. Sattvic means 'good'. We feel uplifted and inspired, generally.

We are relatively active during the course of the day. This period is Rajasic and we are 'Passionate' about our actions.

At the close of the day the body is tired and mind is disturbed due to events of the day. We just want to watch TV, take rest, sleep and relax. Tamas means darkness. Tamasic signifies inactivity.

Characteristics of a Sattvic Person

Under the Sattvic influence the mind is steady, free from agitations and inertia. Mind experiences peace and happiness, better understanding and intellectual comprehension. It describes the limits of 'goodness' though gives freedom from agitation.

Defining Traits:

- Works in harmony with the environment
- Creativeness is the key feature of Sattvic people.
- Hardworking and Conscientious, Efficient and Systematic, Respect for others, Calmness with quiet confidence, Dependable - Living in the present – ready for whatever comes.
- Your 'will' is controlling your 'desires'.

Characteristics of a Rajasic Person

When Rajas influence dominates, there is desire for acquisition of things and attachment to things acquired already. The person normally remains in a stable equilibrium. But when it looks at an object of desire the equilibrium is disturbed and the mind is filled with 'passion' expressing in a million different urges, desires, emotions and feelings.

Such an individual can never keep quite but must necessarily act on endlessly earning and spending, racing and procuring, procreating and protecting, and thirsting for more and more. He is filled with joys of his success and involved in the sorrows of his failures.

Defining Traits

- One who acts – Energetic, restless and aggressive
- One who organizes the people to work together
- Strength is the key feature of Rajasic people
- Initiative and Creativity, Energetic Doer, Takes charge of events, Diversified interests, Love to co-ordinate and supervise people, A control freak.
- Risk burning out, Hypersensitive, Tendency for emotional outburst or withdrawn and depressed.
- Salient Characteristics: Hurry and Worry
- Often looked upon as an achiever “They are like steamrollers, rolling relentlessly over any obstacle in their way.”

Devotees Bhagwan Loves all his creations and wants us to be sattwic nd even go beyond this. When we plead with Bhagwan with true convictions he protects his devotees as he did when The Four Vedas was stolen by Hayagreev and incarnated as the Matsys Avaatar and as I mentioned last week as the Matsya Avaater when he responded to the prayers of Raja Indra and the other Devtas and he came as the Kurma Avaatar.

The story of the Varaha Avaatar is in many of our texts such as Valmiki Ramayan, Vishnu Puran, Agni Puran, Sri Mad Bhagawatam Devi Bhagwad Puran, Padma Puran, Vayu Puran and specifically in the Varaha Puran.

Jaya and Vijaya were the gate keepers of Vai Kuntha Loak and they were cursed by the Four Kumars, who were sages, named Sanak, Sanadan, Sanathan, and Sant Kumar, to be born as demons on earth in their next life. They became Hiranya Kashap and Hiranaksha to the great saint Kashap Rishi and his wife Diti.

These two practiced severe austerties to please Bramhma and eventually got their wish granted that they will not be defeated by human and or animal on earth. The two brothers became very arrogant and started torturing people and created havoc in the Universe.

Hiranyaksha takes Dharti Maa and hides her in the bottom of primordial waters. Some writers say that While Hiranaksha was trying to Kidnap Mother Earth She hid herself in Rasatal- way way below.

Hiranyaksha was now ready to attack Lord Vishnu but he could not find Bhagwan Vishnu. Appearing on the scene Narad Muni tells Hiranyaksha that if he wants to fight with Maha Vishnu that he should go to the ocean as Maha Vishnu had taken form as a boar and He had just lifted Mother Earth with His Tusks.

When Lord Vishnu reached the surface of the ocean Hiranaksha, now full of anger and ego, rushed to Maha Vishnu with a Gada (mace) in his hand accusing Maha Vishnu of being deceitful as he felt since he conquered Mother Earth it was rightfully his to keep.

Hiranaksha laughed at Maha Vishnu saying that you are a wild nimal and challened Maha Vishnu to fight. The all Merciful Lord ignored the taunts and continued to rescuing Mother Earth.

**Hiranyaksha told Maha Vishnu that I know you are a deceiver and you have defeated everyone with your magical powers, but today no one can defeat him
Lord Vishnu placed Mother Earth in her rightful place and turned his attention to Hiranaksha.**

A long fight took place with their Mace and while they were wrestling Lord Brahma reminded Lord Vishnu that Hiranaksha, who was very very strong, was to be killed before Sunset.

Lord Vishnu slapped him on his face and he spun falling on the surface of the ocean and died on the spot.

All the Devtas and and Sages showered flowers o Maha Vishnu and they received blessings in return.

This story teaches us that we should always stay within our limits, do the right things and try to be humble and simple and be sattwic at all times. Next week we speak about The 4th incarnation of Maha Vishnu – The Narsingh Avaatar

May Lord Vishnu and Mother Lakshmi bless us all with theirs Grace and provide us freedom from sufferings in our life

Jai Seeta Ram Radhe Radhe and Thank you.